

# Uripam<sup>®</sup>

## Saw Palmetto

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### COMPOSITION

**Uripam<sup>®</sup>** Soft Gel Capsule: Each soft gelatin capsule contains Saw Palmetto Oil 160 mg, Pygeum Bark Oil 1.7 mg, Korean Ginseng 3.3 mg, Zinc Oxide 15 mg and Copper Gluconate 2 mg.

### PHARMACOLOGY

**Uripam<sup>®</sup>** exerts anti-estrogenic activity, increases urinary flow rate; decreases residual urine; decreases painful urination; decreases nocturia; anti-inflammatory activities by following possible mechanisms:

- Inhibits action of 5 $\alpha$ -reductase, which catalyzes the metabolism of testosterone to DHT, due to the free fatty acid content of the fruit's lipophilic extracts.
- Inhibits receptor binding of androgens.
- Inhibits noncompetitively human  $\alpha$  1-adrenoreceptors.
- Inhibits both the cyclooxygenase and lipoxygenase pathways in vitro
- Inhibits growth factors in vitro
- Binds selectively to and increases apoptotic index for prostate cells

### INDICATION

An advanced blend of minerals & herbs that can help a proactive approach to prostate health. Saw palmetto supports normal prostate function and healthy urinary flow. It contains Zinc which is required for normal reproductive function.

### DOSAGE & ADMINISTRATION

For Adult use only. Usual dosage is 1-2 capsules daily or as advised by the physician.

### SIDE EFFECTS

Rare case of GI disturbance has been reported. Ingestion on an empty stomach may cause nausea. Hypertension was reported in 3.1% taking saw palmetto extract.

### CONTRAINDICATIONS

Saw palmetto is not indicated for advanced BPH with severe urinary retention. It should not be used without first ruling out prostate cancer.

### PRECAUTION

Saw palmetto might slow blood clotting. There is some concern that it might cause extra bleeding during and after surgery. Stop using saw palmetto at least 2 weeks before a scheduled surgery.

### PEDIATRIC USE

Safety and effectiveness of Saw palmetto in pediatric population have not been established.

### DRUG INTERACTIONS

Saw palmetto might decrease the effects of estrogen in the body. Taking saw palmetto along with birth control pills might decrease the effectiveness of birth control pills.

### STORAGE

Store in a cool and dry place, below 30<sup>o</sup> C. Protect from light & moisture. Keep the medicine out of reach of children.

### HOW SUPPLIED

**Uripam<sup>®</sup>** Soft Gel Capsule: Each box contains 10/20/30/40/50 soft gelatin capsule in blister pack.

**SQUARE**